

## ABOUT US

The caring treatment team at Liberty Wellness delivers compassionate and effective addiction services for men and women. Our premier addiction recovery facility offers custom treatment plans to meet the unique needs of each individual person we serve.

## Contact Our Professional Staff

At Liberty Wellness our compassionate Admissions Counselors are available for you 24/7. Call now to learn more.



We're here for you 24/7

**833.LIB.WELL**  
libertywellnessnj.com

## Individual and Family Counseling

Clients will meet weekly with their Primary Therapist throughout our IOP and OP programs. Each client is encouraged to include loved ones in their treatment. Addiction is a family disease and Liberty Wellness understands that all are affected. We are here to assist with re-establishing healthy relationships and boundaries through family therapy sessions.



1.833.LIB.WELL



20 East Taunton Road  
Suite 103 Berlin NJ 08009



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**COMPREHENSIVE**  
ADDICTION TREATMENT

# OUR SERVICES

## Outpatient Counseling

Outpatient Counseling (IOP) allows for our clients to get back to a normal routine and continue with life's daily commitments, such as work, school and caring for a family. Returning to a structured and healthy lifestyle is important in recovery. We offer a flexible IOP schedule to fit the needs of our clients, with day or evening programs Monday through Friday.

## Wellness

Liberty Wellness incorporates all aspects of life to treat the whole person. We incorporate a holistic approach to consider how factors such as lifestyle, environment, health, and co-occurring mental health disorders may play a part of the addiction. We encourage all of our clients to participate in our wellness activities to promote physical, mental and emotional health.

## Medical

At Liberty, our medical staff completes a full Psychiatric Evaluation with each individual we treat. Through this assessment and work with our treatment team we evaluate if medication would assist in the treatment process. Proper medication can help clients who suffer from Anxiety, Depression, Bi-Polar disorder and others.



"Experience Freedom From Addiction"

Call 833.LIB.WELL



1

### Starts with a Phone Call

The hardest part of the recovery process is making that first call. Our admissions counselors are standing by to answer all of your questions and address your concerns.

2

### Pre-Qualification

On your first phone call, you have the option to complete a Pre-Admission assessment. This will help our clinical team determine if our program is a good fit for you.

3

### Transportation

Liberty Wellness understands transportation can be difficult for many of our clients. We offer transportation to and from treatment every day to anyone living locally.

4

### Admission

At Liberty Wellness, our thorough admission process allows us to determine which of our Licensed Therapists best suit your needs.

### Why choose us:

- Professional support available to you 24/7
- Free Insurance Verification
- Experienced and knowledgeable staff
- Flexible Treatment schedules
- Master's Level Addiction and Mental Health Clinicians
- Alumni Program
- Support for loved ones and families
- Transportation available
- Medical Doctor and Nurse on site
- Most major health insurance accepted