



# MUSIC THERAPY SERVICES OF CENTRAL NEW JERSEY

M

**Melody** and **movement** play a crucial role in the **development** and **bonding** of children and families.

Board-certified music therapists understand all aspects of music-making and will create access points for people who have disabilities.

U

Families who engage in musical activities together enjoy an **unbeatable** sense of connection and joy.

Board-certified music therapists work with the whole family to promote positive, healthy relationships.

S

For children, music-making can enhance motor, cognitive, and language **skills**.

Board-certified music therapists structure therapeutic music experiences to support development in many areas of life.

I

Positive **interactions** through singing, dancing, and playing instruments strengthen relationships.

Board-certified music therapists are trained to assess, implement therapeutic music experiences, and evaluate progress toward health and well-being.

C

Music-making enriches a family's **cultural** and social experiences.

Culturally aware music therapists consider their positions of privilege and work to remain aware of bias to provide the best care possible.

Carol Ann Blank, PhD, MT-BC (Owner and CEO) is a board-certified music therapist with over 30 years of clinical experience. Music Therapy Services of Central New Jersey offers many services including in-home therapy for disabled and elderly populations, lectures, group experiences, workshops for health care providers, and supervision/tutoring services for music therapy students.

