



Specializations/Focuses

Anxiety	Men's Issues
Life Transitions	Relationship Issues
Alcohol Abuse	School Issues
Anger Management	Self Esteem
Behavioral Issues	Stress
Chronic Pain	Testing and Evaluation
Coping Skills	Trauma
Depression	PTSD
Drug Abuse	Impulse Control Disorders
Family Conflict	Mood Disorders
Gambling	
Grief/Loss	
Marital & Premarital	

Who We Are:

Recovery First's vision and mission is to offer affordable services and quality care for those struggling with mental health or substance abuse issues.

Contact Us:

P: 609 346 8740

E: contact@recoveryfirstnj.org

W: www.recoveryfirstnj.org

Hours and Days of Operation
Include Monday through Friday
with Day and Evening Hours



@recoveryfirstnj



504 Rt. 130 North, Suite 201
Cinnaminson, NJ 08077



Information Guide

**A Guide on Treatment Services,
Specializations, Insurances,
Contact Information,
Languages, and More!**



**Individual and group
counseling available for
mental health and
substance abuse.
With services available in
Spanish.**



Welcome! Recovery is about returning to a desired state of health, mind, and strength. Anxiety, depression, stress, addictions: These all have the ability to rob us of all three. At Recovery First, it's about you taking back your health, your mind, your strength so you can be effective in your family life, work, schooling, and relationships.

I believe that recovery and healing begins when a person feels heard. As your therapist, I will help you prioritize yourself. During our sessions, I want you to have the opportunity to tell your story, how you see the problem and what you think are options towards resolving those problems. We will work on those steps together with the ultimate objective of you achieving your desired treatment goals.

**Luis Virella, LCSW, LCADC
Clinical Director/Therapist**

www.psychologytoday.com/us/therapists/luis-virella-cinnaminson-nj/382148

Health Insurances Are Accepted Including:

Horizon Blue Cross Blue Shield

Medicare

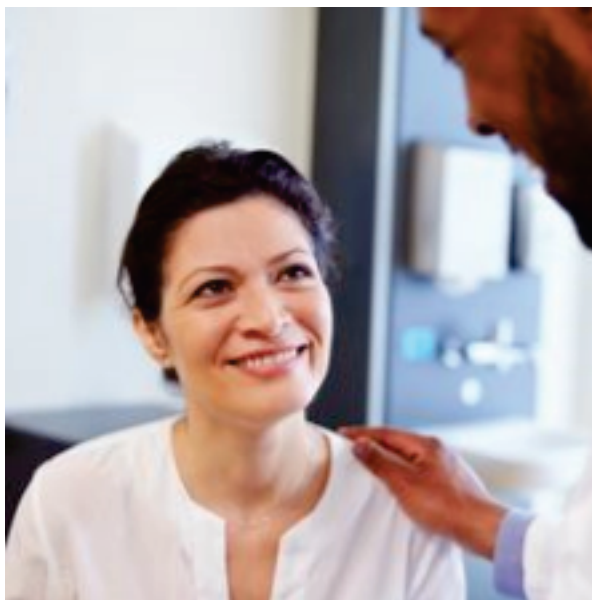
Aetna

Cigna

Amerihealth

Magellan Network

Sliding Scale Fees & Self Pay Are Available



Why Recovery First?

No wait list

Accepting Health Insurance

Affordable self pay options

Direct spanish clinical services

**Serving locally Burlington
and Camden Counties**

**Three easy ways to make an
appointment: email, phone, web**

Flexible day and evening hours

**Holistic treatment for the whole client
in partnership with family physicians**

**Dual licensed clinician
in mental health and substance abuse**