

## About the Transitions Program

The Transitions Program was founded in 2005 by two South Jersey pediatricians and a former child study team director who felt that students with school refusal needed a better option than traditional home instruction. They realized that these students needed social interactions and social skills guidance to be successful. While individual counseling was helpful for students with school refusal, it was often not enough to transition them back to school. They understood that time was of the essence when working with these students because, as studies have shown, the longer a student is out of school, the more difficult it is for them to return.



## FIRST CHILDREN SERVICES

### Transitions Program

#### Location

1256 Markkress Road  
Cherry Hill, NJ 08003

Coming soon to Atlantic County!

#### Intake and Referrals

Phone: (856) 888-1097 Ext. 321

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[www.firstchildrenservices.com](http://www.firstchildrenservices.com)

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## FIRST CHILDREN SERVICES

### Transitions Program

For Students with School Refusal



[www.firstchildrenservices.com](http://www.firstchildrenservices.com)

## Transitions Program

The Transitions Program is small group, center-based home instruction program for students in middle school through high school with school refusal due to anxiety disorders, depressive disorders, or other mental health diagnoses that affect their school participation.

The Transitions Program offers:

- Full Day Programming
- A Therapeutic Environment
- Counseling
- Small Group Learning
- Related Services (on an individual basis)
- Extended School Year
- Behavior Analyst Consultation
- Broad Range of Electives
- Honors Level Courses
- Diverse World Language Courses



## Our Goals

The goals of the Transitions Program are to help students with anxiety disorders, depressive disorders, or other mental health diagnoses, who are not attending or thriving in a typical school setting, to return to a classroom-like setting, learn coping skills, and ultimately transition back to school.

### The Transitions Program model was designed to meet the needs of sending school districts...

First Children is a New Jersey Department of Education Approved Clinic and Agency for home instruction, counseling, and related services. All Transitions Program teachers are New Jersey Department of Education certified, and the program curriculum follows the New Jersey Student Learning Standards. Students do not need an IEP or 504 to attend the program. We work closely with each sending school district to ensure that each student's entrance to our program and subsequent return to school is a smooth transition.

[www.firstchildrenservices.com](http://www.firstchildrenservices.com)



## Counseling Services

Counseling services are provided by licensed clinical social workers who work closely with each student's outside treatment provider and family to ensure continuity of care. Counseling services include:

- Individual and Group Counseling
- Cognitive Behavioral Therapy (CBT)
- Social Skills
- Mindfulness
- Progress Monitoring

## Supported Education Track

The Transitions Program Supported Education Track is designed for students who require enhanced supports to navigate college and/or work settings as they transition from high school to their new opportunities.

Supported Education Track components include:

- Academic
- Career Prep
- Executive Functioning Skills
- Social Skills
- Life Skills
- Counseling

