



We're helping to simplify access to mental health counseling.

Access to mental health care can often be a disjointed and complicated experience.

Knowing where to begin and the type of care needed, plus scheduling difficulties, can impact your patients and even your practice in many ways — including financially. COVID-19 has further emphasized the importance of access to mental health services.



51M adults in the U.S.

live with a mental health issue.¹

Only **43.8%**

of U.S. adults with mental illness received treatment in 2019.²

But here's some good news — by addressing your patients' mental health, you can help them thrive, which can lead to improvements in their well-being.

How we're getting people the help they may need.

We're helping to simplify access to care. Your patients can now visit their local CVS® HealthHUB™ and access in-network mental health counseling services from a licensed therapist at the MinuteClinic®.

¹ National Institute of Mental Health. Mental Health Information, Statistics. Available at: [NIMH.NIH.gov/health/statistics/mental-illness.shtml](https://www.nimh.nih.gov/health/statistics/mental-illness.shtml) Accessed February 1, 2021.

² National Alliance on Mental Illness. Mental health by the numbers. Available at: [NAMI.org/mhstats](https://www.nami.org/mhstats). Accessed February 1, 2021.



**It hasn't been easy.
But we can help.**



Improved access to care

Your patients now have access to in-network, licensed therapists near where they live and work.



More convenience

Helping to connect your patients to the right level of care, whether services are provided in person or via telehealth. If needed, we can connect your patients to a higher level of care.



Lower costs

We provide mental health counseling that is in-network for major health plans and also available at affordable cash pay rates.

Learn more.

Visit **CVS.com/mentalhealth** to find out more about the mental health counseling services available to your patients. Your patients can directly schedule a visit with a licensed therapist by calling **1-855-417-2486 (TTY: 711)**.

CVS Pharmacy® Inc. and MinuteClinic®, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health® family of companies.

Services vary by location. See store for details. Pharmacy services provided by CVS Pharmacy®, Inc.

Mental health counseling services: Services vary by location. See store for details. Mental health counseling services provided by a MinuteClinic licensed therapist worker within a CVS® HealthHUB™ location.

FOR TELEHEALTH VISITS: Available in select states for select conditions. Other restrictions apply. See **MinuteClinic.com/VideoVisit** for additional details.

Not all services are covered. See plan documents for a complete description of benefits, exclusions and limitations of coverage. Plan features and availability may vary by location and are subject to change.