

ABOUT US

The Rutgers University Behavioral Health Care Acute Partial Hospital Program is a daily (Mon-Fri), primarily group-based program that provides recovery-oriented treatment, support, and case management services for people coping with the challenges of mental illness, including individuals with addiction or substance abuse.



Locations

183 South Orange Avenue
Newark, NJ 07103
973-972-5479

671 Hoes Lane West
Piscataway, NJ 08854
732-235-6900

4326 Route 1 North
Monmouth Junction, NJ 08852
732-235-5910

57 Haddonfield Road, Suite 120
Cherry Hill, NJ 08002
856-566-6200

www.ubhc.rutgers.edu

RUTGERS HEALTH
University Behavioral
Health Care

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Program Mission

Our program mission is to provide quality and evidence-based services designed to assist consumers with achieving valued life roles, as they pursue recovery and community re-integration.

Consumers are encouraged to develop their goals and accomplish them through daily participation in the program.

Hours of Operation

Monday through Friday

9:00am to 3:30pm

Meals provided: light breakfast, snacks and lunch

Transportation can be made available

**ADULT ACUTE PARTIAL
HOSPITAL PROGRAMS**

Serving Essex, Middlesex, Mercer, Camden,
Burlington and Gloucester Counties

OUR SERVICES

The Rutgers University Behavioral Health Care (UBHC) Acute Partial Hospital Program offers group and case management for people coping with the challenges of mental illness, including individuals with addiction or substance abuse.

A Team of Caring Professionals

Our clinical team includes psychiatrists, nurses, master's level clinicians and case managers. Using a team approach allows us to see and treat the consumer as a whole person, and coordinate care with their medical providers. A wide variety of therapeutic and holistic interventions are offered.

Admission to the Program

We accept and welcome referrals from multiple sources including screening centers, emergency rooms, hospitals, clinics, and private practices.

For admissions contact: 1-800-969-5300.



"I learn so much in the groups, including different skills to help me to deal with my illness."

"I don't feel so alone or helpless anymore. The staff helped me see that I can get through this."

- Acute Partial Hospital consumers



1

Evidence-Based Interventions

Treatment may include Cognitive and Perceptual Remediation, Attention Shaping, Social Skills Training, Problem-Solving, Mindfulness, DBT, CBT and other group experiences which facilitate positive growth and change.

2

Individualized Treatment

Each consumer works with program staff to develop an individualized treatment program. Medication management and case management services are key to the recovery plan.

3

Group Therapy

The enhancement of coping and social skills are critical to our community re-integration plan, in addition to mental health and wellness education.

4

A Holistic Approach

Our consumers thrive in a well-rounded environment where specially trained clinicians utilize several modalities which may include art, music, movement and horticulture therapy.

5

Care Coordination

Your treatment team will help facilitate a smooth transition to your next provider.

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Why Choose US?

- We provide individualized treatment which may include:
 - Medication Management
 - Mental Health Education
 - CBT & DBT
 - Mindfulness
 - Case Management/Linkage to Community Resources
 - Coping/Social/Relationship Skills
 - Spirituality Groups
 - Surviving Trauma
 - Peer Support
 - Coordination with Medical Providers